



## Integrity Soils

[www.integritysoils.co.nz](http://www.integritysoils.co.nz)

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### RECOMMENDED READING

Science in Agriculture - Dr Arden Andersen

*Technical, but good in-depth reference book which covers most aspects.*

Foundations of Natural Farming – Dr Harold Willis

*Great starting place, covers a broad range of the different aspects*

Advancing Biological Farming – Gary Zimmer

*More applied and a good practical book for cover crops and farming*

Fertility Pastures – Newman Turner (all of his books are good!)

*Older, but not dated, covers good management and growing quality pastures.*

The Call of the Reed Warbler – Charlie Massy

*A history and overview of the growth of Regenerative Ag in Australia*

Teaming with Microbes (or Nutrients) - Jeff Lowenfel

When Weeds talk – Jay McCaman – *Graph of weed indicators*

From Dirt to Soil – Gabe Brown – *personal journey and practical how to on cover crops*

Visual Soil Assessment downloadable booklets: put in google search “VSA FAO”

Check out some of Nicole’s YouTube clips

Audio books and books from [www.acresusa.com](http://www.acresusa.com)

The “Digging Deeper” DVD is available for \$30 NZD plus P&P order online